



Oklahoma teens can enroll in free vaping cessation program

Sheila Stogsdill
Contributor

A free Instagram-based cessation support program aimed at helping Oklahoma teens and young adults to quit vaping is now open. Enrollment for Quit the Hit, ends Jan. 16, 2026. The program is funded by the Tobacco Settlement Endowment Trust and focuses on teens and young adults aged 13-24 looking to quit vaping.

The tailored five-week experience connects participants with professional quit coaches and peers through moderated group chats on Instagram. The program includes daily educational content, interactive group challenges, and tools to build confidence and coping skills for long-term success.

"Teens today are surrounded by messages that make vaping seem normal. Programs like Quit the Hit provide a positive space on social media where young people can connect, share their challenges, and learn how to take control of their health," said Julie Bisbee, TSET executive director.

Since its launch, Quit the Hit has empowered many Oklahoma youth to quit vaping. Participants praise the program's relatable approach and supportive community.

More than 20% of Oklahoma high school students report using vaping products. Nicotine use by youth can disrupt areas of the brain responsible for attention, learning, and impulse control, with effects lasting into adulthood. Youth e-cigarette use is also linked to

increased risks of depression, anxiety, and addiction to other substances.

Youth interested in quitting can enroll at QuitTheHitNow.com. Spots are limited, and a waitlist is available. There will be a second enrollment period from March 2, 2026, through April 30, 2026.

Other Resources

Quit the Hit, teens aged 13-17 can access My Life, My Quit, a free, confidential one-on-one quit program offering live text support, web chat, and phone coaching. To enroll, visit MyLifeMyQuit.com or text "Start My Quit" to 36072.

TalkAboutTobacco.com, a resource from Tobacco Stops With Me, a program of TSET, offers tools and tips to help parents and caregivers talk to kids about the dangers of vaping.

OFE accepting nominations

The Oklahoma Foundation for Excellence is accepting nominations for its Outstanding Program Awards for School Foundations. Presented by OFE and its Oklahoma School Foundations Network, the awards recognize innovative programs sponsored or administered by public school foundations in Oklahoma.

"Oklahoma public school foundations do invaluable work to enhance funding and galvanize support for their school communities," said Elizabeth Inbody, executive director of the Oklahoma Foundation for Excellence. "These awards not only celebrate their hard work but also highlight the creative ways that these nonprofits enrich our public schools."

Nominations for recognition may come from anyone knowledgeable about the foundation, including its board members. Honorees are selected based on the program's impact on their school and community.

Nominations must be submitted by 5 p.m. on Dec. 31. The nomination form and detailed award criteria are available at OFE.org.

OFE will honor the Outstanding Program Award winners at the 40th annual Academic Awards Celebration on May 2, 2026, at the National Cowboy & Western Heritage Museum in Oklahoma City. Each winning foundation will receive \$2,000.

OFE, which is celebrating its 40th anniversary, is a statewide, nonpartisan nonprofit that recognizes and encourages academic excellence in Oklahoma's public schools. The foundation elevates public education through esteemed honors, grants to K-12 mentoring programs, support for public school foundations, and partnerships that provide exceptional professional development to educators. OFE's Oklahoma School Foundations Network provides training, resources and networking opportunities for Oklahoma's 200-plus public school foundations.

DELAWARE COUNTY

COURT REPORT

Divorces

Jennifer Randel vs. Clifford Randel

Protective Orders

Jesse James Carnahan et al vs. William Sievert
Sierrah Alexandria Espinoza vs. Francisco Espinoza III

Misdemeanors

State of Oklahoma vs. Beth A. Millard for obstructing an officer

State of Oklahoma vs. Samantha Wheat for cause, aid, abet, or encourage minor child to become deprived

Felonies

State of Oklahoma vs. Jason Wilburn Wallace for driving under the influence of alcohol – aggravated

Route 66: America in asphalt and adventure

Stretching from Chicago to Los Angeles, Route 66 has long been more than a highway—it's a lens through which to see the story of America itself. As travelers move from small-town diners to neon-lit motels, from rolling plains to desert landscapes, the road becomes a microcosm of the nation: Its triumphs, struggles, and contradictions all visible in miniature.

Along the route, towns thrive or fade, mirroring broader economic shifts. The Dust Bowl of the 1930s sent thousands west along Route 66 in search of work and survival, and Steinbeck immortalized this migration in *The Grapes of Wrath*, portraying the highway as both a path to opportunity and a corridor of hardship. Even now, remnants of that era—abandoned gas stations, old motels, and vintage signage—

tell stories of resilience in the face of adversity.

Human interactions along the road reflect America's enduring spirit. Strangers become allies, roadside communities rally around travelers, and quirky attractions reveal creativity and optimism thriving even in hardship. Route 66 captures the tension between promise and reality: It is both a literal journey across states and a symbolic journey through social and economic landscapes.

Today, tourists drive the "Mother Road" chasing nostalgia, adventure, and a glimpse of the American story. From Dust Bowl migrants to modern-day road trippers, Route 66 remains a mirror of the country itself, showing how communities endure, adapt, and keep moving forward—one mile at a time.

LEGALS

Vehicle Sale

Sale Date 12/04/2025
9:30AM.

TRENT BRENNEN

918-232-8586

1992 JOHNSON 60HP

VIN: G03048975

(Published in the Delaware County Journal November 19, 26, and December 3, 2025)

LPXLP

SOLICITATION TO BID

Date: November 26, 2025

Project: New Field House Building for Kansas High School

OKLAHOMA CLASSIFIED AD NETWORK

FOR MORE INFO CALL

1-888-815-2672

WANT TO BUY

OLD GUITARS WANTED! LARRY BRINGS CASH for vintage USA guitars, tube amps, banjos, mandolins, etc. Fender, Gibson, Martin, Gretsch, others. Call or text 918-288-2222. www.stringswest.com

COW & BULL SALE

McALESTER STOCKYARD SPECIAL Cow & Bull Sale! Saturday, Dec. 13th at noon! Quality replacement bred cows, heifers, & bulls. 918-423-2834 mcalesterstockyards.com

NEWSPAPER FOR SALE

AWARD-WINNING WEEKLY community newspaper in Stephens County for sale. Contact Todd at 580-641-6356.

ADVERTISE STATEWIDE

Put your message where it matters most – **IN OKLAHOMA NEWSPAPERS**. We can place your ad in 134 newspapers. For more information or to place an ad, contact Landon Cobb at (405) 499-0022 or toll-free in OK at 1-888-215-2672.

Sealed proposals will be received by Kansas Public Schools at the Superintendent's office located at 700 N. Woods Ave., Kansas, OK 74347 (this is also the mailing address), until 10:00am, on January 7, 2026 for furnishing all labor and materials for the project as shown on the drawings and specifications.

Bids received more than ninety-six (96) hours, excluding Saturdays, Sundays, and holidays before time set for opening bids, as well as bids received after time set for opening bids, will not be considered and will be returned unopened. PLEASE MARK THE ENVELOPE: "BID FOR NEW FIELD HOUSE BUILDING FOR KANSAS PUBLIC SCHOOLS; DELIVER TO MR. STEELE". The bids will be opened publicly.

A pre-bid conference will be held on site on December 10, 2025 at 10:00am. The pre-bid meeting will be held at the project location, located at 700 N. Woods Ave., KS, 74347. Attendance at the pre-bid meeting is non-mandatory for any general contractor wishing to submit a bid on the project.

The architect for this project is: Michael Allen Riley Architecture, PLLC
28899 Brookhill Road
Shady Point, OK 74956
918-839-6032
mrileyarch@gmail.com

Interested bidders may obtain PDF files of all bid documents by emailing Jaclyn at jlrielyarch@gmail.com.

Additionally, complete sets of the Drawings, Project Manual, and other Bidding Documents may be obtained by bidders at the plan rooms listed below:

Southwest Construction News

5031 South 33rd West Ave,
Suite 210
Tulsa, OK 74107
(918) 493-5066

A cashier's check, certified check, or surety bond in amount of five percent (5%) of the bid shall accompany the sealed proposal of each bidder, for all bids over \$100,000, or as otherwise applicable by State Law. Checks or surety bonds will be returned to unsuccessful bidders. No bidder may withdraw his bid for a period of forty-five (45) days after bid opening date. The owner reserves the right to reject any or all bids and waive any informalities.

(Published in the Delaware County Journal November 26 and December 3, 2025)

LPXLP

IN THE DISTRICT COURT OF DELAWARE COUNTY STATE OF OKLAHOMA

KINO FINANCIAL CO., LLC Plaintiff,

vs.

LARRY ALLEN YATES Defendant

CASE NO. CS-25-340 NOTICE BY PUBLICATION

THE STATE OF OKLAHOMA
TO: LARRY ALLEN YATES

The Sheriff of DELAWARE County, Oklahoma, Greetings:

You will take notice that the Plaintiff, KINO FINANCIAL CO., LLC, filed its petition in the District Court of DELAWARE County, Oklahoma, against the above-captioned Defendant, LARRY ALLEN YATES, seeking a money judgment against Defendant, LARRY ALLEN YATES in the

amount of \$777.00, with interest at the statutory rate from the date of judgment, until paid; and all costs of this action including a reasonable attorney's fee, and unless Defendant answers said petition on or before the 9th day of February, 2026, said petition will be taken as true and judgment will be rendered for Plaintiff for \$777.00, with interest at the statutory rate from the date of the judgment, until paid; and all costs of this action including a reasonable attorney's fee.

Dated this 17 day of November 2025.

COURT CLERK BY: /s/ Natasha Isaac Court Clerk or Deputy Clerk

Stephen L. Bruce, OBA #1241
Everette C. Altendorffer, OBA #30006

Leah K. Clark, OBA #31819

Roger M. Coil, OBA #17002

Attorneys for Plaintiff

P.O. Box 808

Edmond, Oklahoma 73083-0808

(405) 330-4110

brucelaw@sbrucelaw.com

(Published in the Delaware County Journal December 3, 10, and 17, 2025)

LPXLP

IN THE DISTRICT COURT IN AND FOR DELAWARE COUNTY STATE OF OKLAHOMA

In the Matter of the Estate of

DONNA MARLENE BOATMAN, Deceased.

Case No. PB-25-92 Judge: Crutchfield NOTICE TO CREDITORS

All creditors having claims against Donna Marlene Boatman,

deceased, are required to present the same, with a description of all security interest and other collateral, if any, held by each creditor with respect to such claim, to the Personal Representative, John Robert Botts, c/o Taylor A. Burke of Jayne Peters McVicker Burke Askew & Parker, 401 S. Boston Ave., Suite 2000, Tulsa, Oklahoma 74103, on or before the following presentment date: February 2, 2026, or the same will be forever barred.

DATED this 25th day of November, 2025.

/s/ Taylor A. Burke

Taylor A. Burke, OBA #21121

DA Smith, OBA #36792

Jayne Peters McVicker Burke

Askew & Parker

401 S. Boston Ave., Suite 2000

Tulsa, Oklahoma 74103

Telephone: (918) 938-7944

Faxsimile: (918) 938-7966

E-mail: tburke@jpmgroup.com

dsmith@jpmgroup.com

ATTORNEYS FOR PERSONAL REPRESENTATIVE

(Published in the Delaware County Journal December 3 and 10, 2025)

LPXLP

Delinquent Storage Auction

www.storageauctions.com ending 12/12/25 @ 12:00 pm

Shundi Self Storage

115 N Shundi, Grove OK 74344

E01- Melanie Landa P.O. Box 161

Wisconsin Dells, WI 53965

E04- Michelle Snyder 26731

South 650 RD Grove OK 74344

E53- Harmin Rain 101 N Walnut

St. Fairland OK 74343

D01- Ruth Barnes 626 Cox Lane

Unit 2 Grove OK 74344

Shundi Self Storage East

28871 S 642 Rd Grove OK 74344

68- Steven Pearcey 1313 Redbird

Grove OK 74344